

Hunts Mind Programme of Activities

January to 31st March 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Limes, St Neots Every Mon except Bank Holidays 10:00 – 3:00pm Information, referrals and assessments</p> <p>10:30-12:00pm Sports Group Meet at the Limes</p> <p>Corn Exchange, St. Ives Every Mon except Bank Holidays 10:00am-11:00am Assessments</p> <p>11:00am-12:00pm New Members Sessions</p> <p>12:00pm- 14:00pm Recovery Star Peer Support Group Fortnightly January 9th and 23rd February 6th and 20th March 5th and 19th</p> <p>Library, Huntingdon Every Mon except bank holidays 1:00pm-2:00pm New Members Sessions</p> <p>2:30pm- 4:30pm Recovery Star Peer Support Group 1st and 3rd Monday of the Month</p> <p>3:00pm-4:00pm Information, referrals and assessments</p> <p>Service User Working Group 11:30 until 1:00pm January 26th, February 27th and March 26th</p> <p>The Limes St Neots 5:00pm-7:00pm Evening assessment The last Monday of each month</p>	<p>Library, Huntingdon 10.30am – 12.30pm “Bridging the Gap” Personality Disorder Group Fortnightly January 10th and 24th Feb 7th and 21st Mar 6th and 20th</p> <p>1.00pm - 3.00pm Men’s Group 2nd Tuesday of the month at various locations within Huntingdonshire Call Hunts Mind to obtain further details</p>	<p>The Medway Centre Huntingdon 11:00am-1:30pm Rock Group / Community Learning Course Term time only</p> <p>The Limes, St Neots 1:00pm - 3:00pm Recovery Star Support Group 2nd and 4th Wednesday of the month January 11th and 25th Feb 8 and 22nd March 14th and 28th</p> <p>7:00pm – 9:00pm Evening Group Held on the last Wednesday of each month. Group meets at various locations within Huntingdonshire</p>	<p>The Limes, St Neots 10:30am-12:30pm Women’s Group</p> <p>The Limes, St Neots 1:30pm-3:00pm Newsletter /Media Group</p> <p>The Limes, St Neots 6:30pm – 8:30pm “Bridging the Gap” Personality Disorder Group Fortnightly January 5th and 19th Feb 2nd and 16th March 1st, 15th and 29th</p>	<p>The Limes, St Neots 10.00am- 3:00pm Information, referrals and assessments</p> <p>St Neots, Costa Every Friday except bank holidays 10:30am-11:30pm New Members Sessions</p> <p>Ramsey Library Fortnightly except bank holidays 10:00am-12:00pm New Members Sessions/ Assessments and 1:1’s</p> <p>Recovery Star Peer Support Group Time and Date TBC</p>

Hunts Mind

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Hunts Mind has adopted Mind’s values and principles and is committed to providing quality services that anticipate, meet and exceed the needs of service users, workers and other stakeholders.